

**Timothy Ross Scala, Psy.D**  
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## **Curriculum Vitae**

### **Education**

- 08/99 – 08/04      **Doctor of Psychology**  
Nova Southeastern University
- 08/99 – 08/01      **Master of Science in Clinical Psychology**  
Nova Southeastern University
- 08/96 – 05/99      **Bachelor of Arts in Psychology**  
Florida State University

### **Professional Affiliations**

American Psychological Association (APA)  
American College of Forensic Examiners (Certified Forensic Consultant)  
Association of Child Life Professionals (ACLP)

### **Clinical Work Experience**

- 10/07-Present      **Nova Southeastern University**  
*Abraham S. Fischler College of Education & School of Criminal Justice*  
Full-time Associate Professor and licensed psychologist/supervisor.  
Program director for the B.S. in Child Development and B.S. in  
Recreational Therapy degrees. Chair of the HS/SCJ Curriculum  
Committee. Supervisor of the NSU FCE&SCJ Simulation Program using  
Mursion Technology. Academic teaching, planning and programming.
- 1/21-Present      **Timothy Scala, Psy.D.**  
Individual, couples, and family therapy with individuals of all ages with a  
variety of emotional and behavioral issues. Assessment and evaluation for  
Academic Giftedness, Learning Disabilities, ADHD, Autism and  
Social/Emotional/Behavioral issues. Vocational Rehabilitation, and  
Forensic assessment and consultation (Risk Assessment, Competency  
Evaluations, and Custody Issues), and Florida Division of Vocational  
Rehabilitation area consultant.
- 9/04-12/20      **William Penzer, Ph.D. & Associates**  
Individual, couples, and family therapy with individuals of all ages with a  
variety of emotional and behavioral issues. Assessment and evaluation for  
Academic Giftedness, Learning Disabilities, ADHD, Autism and  
Social/Emotional/Behavioral issues. Vocational Rehabilitation, and  
Forensic assessment and consultation (Risk Assessment, Competency  
Evaluations, and Custody Issues), and Florida Division of Vocational

Rehabilitation area consultant.

9/04-9/07

**Henderson Mental Health Center**

Individual and family therapy administering crisis interventions with children and adolescents from ages 5 to 18.

**Clinical Training Experience**

08/21-11/21

**Child Life United Practicum**

Participated in educational sessions with multiple child life specialists in many different areas of a hospital setting as well as community based providers. Skills based and experience based learning opportunities were provided. Completed multiple hands on learning activities that included procedural preparation, therapeutic activities, and presenting a case study. Participated in 1 on 1 supervision and group supervision. Completed weekly assignments and journals.

07/03 – 8/04

**Pre-Doctoral Internship**

*Atlantic Shores Hospital/South Florida State Hospital*

Individual and group therapy (groups included competency to stand trial, not guilty by reason of insanity, DBT, and sex education), consultations to hospital units, full battery psychological assessments (cognitive/neuropsychology & forensic), forensic competency evaluations and risk assessments, and specialized behavioral plans. Developed and conducted the first sex education group at the hospital. Member of Behavioral Planning Committee.

08/00 – 08/02

**Practicum Therapist**

*Nova Southeastern University Student Counseling Services  
& Nova Southeastern University Child Outpatient Program*

Provided brief and long-term therapy for children (ages 5-17) and undergraduate and graduate students (ages 18-45). Problems included mood disorders, anxiety disorders, conduct disorders, attention/deficit difficulties, learning disabilities, autism and developmental disorders, traumatic stress, substance and sexual abuse, family issues, eating disorders, relationship difficulties, Axis II diagnoses, adjustment difficulties, personal growth, and career issues.

01/00 – 05/00

**Pre-Practicum Student**

*Child and Adolescent Traumatic Stress Program (CATSP)  
Nova Southeastern University*

Attended weekly case conferencing and supervision.

**Related Work Experience**

01/03 – 06/03

**Clinician/Therapist**

*Citrus Health Network, Inc.*

Clinician for school-based program. Individual and family therapy administered in the home and in the school. Implemented crisis interventions and stabilization procedures. Familiarity with Medicaid and other medical procedures.

10/99 – Present

**Private Therapist***Private Home Employment*

Provided social skills and behavioral training to an individual diagnosed with Asperger's Disorder. Shadowing experience also.

**Teaching and Leadership Experience/Professional Development**

10/07-Present

**Associate Professor***NSU Departments of Justice and Human Services, College of Psychology, and Speech- Language Pathology*

Teach Undergraduate, Masters, and Doctoral level courses both online and blended modalities. Experienced in WebCT, Blackboard, Canvas, and distance learning. Developed the B.S. in Recreational Therapy program and assist with curriculum development in the area of recreational therapy, human services, psychology, and criminal justice. Review and update curriculum and develop innovative methods of program delivery. Supervise Practicum Students, Pre-Doctoral Interns, and Post-Doctoral residents. Chair of the HS/SCJ Curriculum Committee. Fischler website manager.

Courses taught:

- CJI 6930 Family Dynamics: Motivation, Support, and Communications
- HCP 6610 Survey of Exceptionalities of Children and Youth
- HCP 6620 Inclusive Education for Exceptional Students
- HCP 6710 Family Systems
- HCP 6760 Assessment and Evaluation of Family Support Systems
- SLP 6091 Multicultural and Counseling Issues
- HS 1100 Social Issues and Human Services Delivery Systems
- HS 1400 Counseling and Assessment in Human Services
- HSDD 5300 Legal and Ethical Issues in Disability
- HSDD 5320 Students with Disabilities in Higher Education
- RT 1100 Recreational Therapy: Theory and Foundations
- RT 3050 Assessment in Recreational Therapy
- HS 4995 Supervised Experience in Human Services II
- PCL660 Community Mental Health
- EDUC 3360 Educational Psychology
- HSDD 5430 Integrating Children with Disabilities in Educational Settings

-EECP 3351 Adolescent Development

Academic Programs Overseen or Developed:

- Bachelor of Science in Child Development
- Bachelor of Science in Recreational Therapy
- Ph.D. in Criminal Justice Tracks 1&3:
  - Organizational Leadership
  - Juvenile Justice

08/07-Present

**NSU Abraham S. Fischler College of Education and School of Criminal Justice & College of Psychology**

*Didactics*

Handling Mental Health Crisis Situations

Identifying a mental health crisis and understanding the steps in intervention.

Forensic Psychology and Court Evaluations

Understanding how to conduct forensic evaluations, writing reports, and providing testimony in court.

Couples Therapy

The basics of providing therapy with couples and improving communication between partners.

Therapeutic Process of Working with Survivors of Torture

Understanding who are survivors of torture and how to work with this Population such as interventions and providing community resources.

Group Therapy

An introduction and rationale, techniques, and practices.

Solution Focused Brief Therapy

An introduction and rationale, techniques, and practices of the Solution Focused Brief Therapy model.

Anxiety: Assessment and Intervention with Diverse Clients

An overview of the common anxiety disorders, causes, symptoms, and culturally fair interventions.

Systemic Therapy

An introduction to the basic concepts of the systemic approach to working with families.

Substance Abuse in Children and Adolescents

Identification of common signs of substance abuse, intervention

approaches, and helpful community resources

Interpreting Scores of Cognitive and Achievement Assessment Measures.  
Interpreting standard and scaled scores for various measures of cognitive and achievement measures.

9/01- 7/03

**NSU College of Psychology**

Stress Management Workshop

Organized and led workshop promoting stress management and anxiety reduction techniques. Taught diaphragmatic breathing, progressive muscle relaxation, and guided imagery techniques to students.

Test Anxiety Workshop

Organized and led workshop for student athletes on test anxiety in which relaxation techniques, thought stopping, and positive self-talk were explained to help students cope with these situations.

Study Skills Workshop

Organized and led workshop that emphasized study skills and time management techniques. Emphasized strategies to help alleviate test anxiety such as relaxation and positive self-talk.

Rainbow Reception

Instrumental in organizing and facilitating a welcome event for gay, lesbian, and bisexual (GLBT) students.

Debriefing and Rap Session

Helped organize and participated in debriefing of undergraduate students. Held informal “rap” sessions and activities in the residence halls to provide support and help students express their feelings after the terrorist attacks on September 11, 2001.

**Committees and Roles Served**

Nova Southeastern University Committee member of the following:

- Academic Study Plans Committee
- Academic Computing Committee
- Quality of Life Committee
- Certification Committee
- Interviewing Committee (for new employees and prospective students)
- S.A.F.E. Initiatives for Broward County
- Various Curriculum Committees
- First Year Experience Council (FYE)
- Undergraduate Retention Council
- Internship Training Committee

Postdoctoral Training Committee  
Fischler Honors College Liaison  
Fischler ExEL Liaison  
Chair of HS & SCJ Curriculum Committee  
Fischler Website Manager  
Fischler Scholarship Review Committee  
NSU Presidential Scholarship Interviewer  
Mursion Task Force  
Supervisor of the NSU FCE&SCJ Simulation Program using Mursion Technology  
Academic Promotion Committee  
Academic Grievance Committee

### **Research Experience**

Evaluation of a Holistic Program for Military Service Members and their Families (*An NSU/CCB Quality of Life Faculty Community-Based Applied Research Grant 2012-2013 Award Winner*)

Returning Veterans Assistance Center for Excellence Program. *United Way RFP FY 2011 Community Impact Area: Health (Grant Funded)*

Application of an All Hazards Preparedness Training Program for Individuals Working with the Homeless  
(*Grant Funded*)

Improving Interpersonal/Social Skills of Adolescents:  
Effectiveness of a School-Based Parent Training Program  
(*Grant Funded*)

A Mixed-Methods Study Investigating How Returning Veterans Experience a Holistic Therapeutic Program  
(*An NSU/CCB Quality of Life Faculty Community-Based Applied Research Grant 2008-2009 Award Winner*)

Effectiveness of a Case Manager Training Program for Working with the Homeless (*Grant Funded*)

Needs Assessment of Healthcare Services in Fire Rescue Response Calls  
(*Grant Funded*)

Poster Presentation on Survivors of Torture and Risk of Homelessness with this population

Effective Social Skills Interventions for Asperger's Disorder (Directed Study)

Administration of the Beck Depression Inventory, Achenbach Child Behavioral Checklists, K-SADS-E, and Wahler Physical -Symptom Inventory to children ranging in age from 4-17.

Tested inpatients for cases of malingering mental illness at the forensic unit at the Florida State Hospital in Chattahoochee, Florida. Administered the MMPI-2, SIRS, and M-Test to inpatients.

Primary Experimenter in the testing of memory conformity. Assessed the influence of one person's memory response on another person's memory response.

Participated in data coding, tested students, and assessed peer relationships in elementary school children.

### **Publications/Presentations**

Garcia-Lavin, B., Scala, T., Mortensen, T., Williams, R., & Yehl, A. (2008). *Multicultural competence: Enhancing your psychotherapeutic repertoire*. Workshop presentation at APA National Convention. Boston, MA.

Scala, T. (2015). *Preventative and treatment approaches for working with Veterans experiencing PTSD*. Workshop presentation at the PTSD conference in Jacksonville, FL.

Scala, T. & Alexander, A. (2009). *Psychological perspectives of working with survivors/victims of torture* Presentation at the United States Department of Justice. Columbia, SC.

Scala, T. & Garcia-Lavin, B. (2008). *Enhancing clinical training for the "Y" generation*. Workshop presentation at the Joint Conference of Training Councils in Psychology. Orlando, FL.

Scala, T. & Guskovict, K. (2011). *Psychological perspectives of working with survivors/victims of torture* Presentation at Crysalis Center. Ft. Lauderdale, FL.

Scala, T. & Guskovict, K. (2011). *Psychological perspectives of working with survivors/victims of torture* Presentation at Citrus Health Network. Miami, FL.

- Scala, T. & Guskovict, K. (2011). *Psychological perspectives of working with survivors/victims of torture* Presentation at Grace Lutheran Church. Miami Springs, FL.
- Scala, T. & Karilshtadt, M. (2008). *Fundamentals of Crisis Intervention with Emotionally and Behaviorally Disordered (EBD) Children and Adolescents* Presentation at Linking Forces XV: Annual Children's Mental Health Conference.
- Scala, T., Khul, H., Martinez, C. & Coker, M. (2012). *College survival: Dealing with stress, balancing academic and social life, time management, & budgeting*. Presentation at Nova Southeastern University Sponsored by Take Stock in Children, Davie, FL
- Scala, T., Milano, N., & Singh, A. (2013). *College survival: Dealing with stress, balancing academic and social life, time management, & budgeting*. Presentation at Nova Southeastern University Sponsored by Take Stock in Children, Davie, FL
- Scala, T. & Mortensen, T. (2008). *Psychological perspectives of working with survivors/victims of torture*. Presentation at the United States Department of Justice. Miami, FL
- Scala, T., Reis, J., & Dobkowski, J. (2011). *College survival 101: Budgeting 101*. Presentation at Nova Southeastern University Sponsored by Take Stock in Children, Davie, FL
- Scala, T., Schulman, B., & Walton, C. (2018). *De-stigmatizing those with mental health challenges*. Presentation at Nova Southeastern University as part of their Diversity Dialogues Series.
- Scala, T. & Stiles, T. (2011). *Balancing academic and social life in middle school: Stress and time management, study skills, and test taking techniques*. Presentation at Broward Community College Sponsored by Take Stock in Children, Davie, FL
- Scala, T. & Yehl, A. (2011). *Readjustment and reintegration issues for returning OIF/OEF veterans*. Presentation at Nova Southeastern University.
- Scala, T. & Yehl, A. (2012). *A holistic approach to working with Veterans and their families*. Presentation at Nova Southeastern University.
- Scala, T. (2020). *Infusing social emotional learning (SEL) into distance*



*education*. Presentation at the Florida Distance Learning Association (FDLE) Conference.

Scala, T. (2020). *Infusing social emotional learning (SEL) into distance and blended educational environments*. Presentation for NSU's Learning and Educational Center (LEC).